

WEEKEND IN ROME



DAY 1 - ROME

Arrive and check in to your hotel. **Afternoon:** The visit of the Eternal City starts with the **Trevi Fountain**, commenced in 1732 and terminated in 1762, we then proceed to **Piazza Colonna**, which is named after the column of the Emperor Marco Aurelio, here you will be able to admire the Italian government buildings; **Palazzo Chigi** (Government), **Palazzo Montecitorio** (House of commons) and **Palazzo Madama** (House of the Senate). From here we arrive in Piazza della Rotonda from where you can see the **Pantheon** built for Emperor Adriano in the 2nd century a. c. From here we arrive in **Piazza Navona** with the magnificent fountain of the four rivers by Bernini. The tour terminates with the **Ara Pacis**, alter dedicated to peace by the Emperor Augusto in 9 b.c. Dinner in hotel.



DAY 2 - ROME

After breakfast visit of **St. Peter's Basilica**, the world largest, with a surface area of 15.000 square meters. Inside the Basilica you will be able to admire many works of art such as the Pietá by **Michelangelo** and the bronze Baldachin of Gian Lorenzo Bernini. Visit the **Crypt** where the rests of St. Peter, of Pope John Paul II and numerous other Popes can be found. Finally visit St. Peters externally and admirer the colonnade by Bernini. **Afternoon:** Visit of the **Vatican museum** where you will be able to admirer the gallery of tapestries, gallery of the candelabra, of the maps and the Immaculate **Conception Room**. We proceed to the famous **School of Athens**, the rooms Raffaello painted between 1508 to 1520. The tour finishes in the **Sistine Chapel** with its frescos of the Genesis and the Last Judgement, opera of Michelangelo Buonarroti. Dinner in hotel.



DAY 3- ROME

After breakfast visit of the world's largest archaeological area. **The Colosseum**, also known as the Flavian Amphitheatre. Whose construction began under the emperor Vespasian in 72 AD and was completed under his successor and son Titus in 80 AD. In front of the Colosseum stands the **Arch of Costantine** (in 315 AD), followed by the **Arch of Titus** (1st century AD), proceeding we can admire the **Roman Forum** steeped in history and after this we climb up the **Capitoline Hill**. From this famous Hill, where the municipality of Rome has it headquarters, we can admire the beautiful Square in the shape of a Trapeze designed by Michelangelo. Not to be missed is the view of the **Ara Coeli** church. On the opposite side of the Hill is **Piazza Venezia**, home of Europe's largest monument : the monument to the unknown soldier also called the **Vittoriano**. Afternoon free, for who wishes, visit of one of Rome's many museums; of particular interest is the **Capitoline Museums**. Dinner in hotel.

DAY 4- LAKE OF BRACCIANO

After breakfast transfer to **Bracciano**, 40 Km from Rome, where, in a magnificent natural lake of volcanic origin and scenically set beneath the **Odescalchi Castle**, it is possible to practice all kinds of water sports tied to sails (sailing, surf and windsurf) or simply sunbathe and take a nice swim.

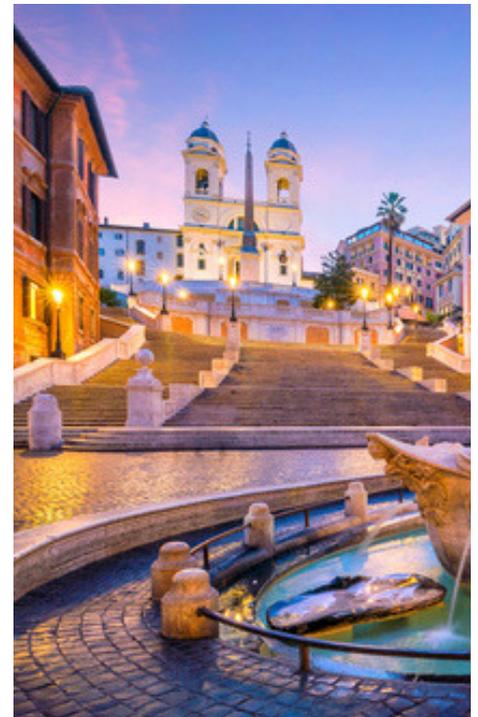
Afternoon: at **Village Fitness Club** one can practice the following fitness activities: spinning, gymnastics, martial arts, weight lifting, boxing; personal trainers are available, one can also play tennis or swim in the pool. Dinner in hotel

DAY 5- CASTELLI ROMANI

Morning: breakfast. We start with the **Tuscolo Hill of Frascati**, ancient home of Marco Porzio Catone. "**Frascati**" is the most renowned wine of the "**Castelli Romani**". Of the same wine family is "**Cannellino**" produced with withered grapes. Apart from the "Tuscolane "**Tuscolane Villas**" Villas" it is possible to visit the Tuscolo Hill, the archaeological area where one can see the rest of an amphitheatre. In the nearby **Monte Porzio Catone** there is the Astronomical Observatory and the wine Museum. Stop by the natural lake of Castelgandolfo, of volcanic origin. **Afternoon:** Visit the town of **Castelgandolfo** whose Palace is summer home of the popes. Visit the nearby **Ariccia** where you can taste some great local wine accompanied by the local delicacy of "**Porchetta di Ariccia**".

DAY 6- CAVES PASTENAI

Morning: breakfast. Visit the **caves of Pastena** (115 Km from Rome) where it is possible to admire the works of art created by **nature** over millions of years. The caves are an intricate cavity that over the years have brought to light numerous archaeological finds relative to burials and **prehistoric** rituals (Neolithic and bronze age). Of great interest are the findings of an axe and dagger dating back to the middle bronze age (15th century BC). **Afternoon: tasting of local produce** (buffalo mozzarella, sheep cheese) accompanied by an excellent local wine. Dinner in hotel.



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