



FRASCATI

TOUR

Frascati food and wine tour from Rome

Daily excursion from Rome dedicated to art, good wine and authentic gastronomy. Visit of Frascati and Grottaferrata, walk in the vineyard, wine tasting and meet with the producer.

VISIT OF FRASCATI

Arrival in Frascati in the morning with your own vehicle or by train. Meet with the guide for a walk in the historic center of the city. In an hour and a half we will visit Frascati along the narrow streets surrounded by local craft shops and gastronomic activities. The town is famous for the various Tuscolan villas once home to illustrious patrician families and is often remembered also for the Neo-Renaissance Baroque-style basilica of San Pietro and the church of Gesù built in the eighteenth century by Carlo Fontana on commission of a group of Jesuits.

WINE TASTING IN THE CELLAR WITH LUNCH

Later on in the morning we will move to a local winery. Visit the old farmhouse surrounded by nature, vineyards and olive groves. In these places vines have been cultivated since Roman times, it is possible to visit ancient caves where wine has been aged for millennia. Surrounded by centuries-old vines and olive groves, it will seem like walking inside a natural museum in a heavenly setting just a few steps from the city. We will talk about the vine working techniques and the winemaking processes.

Time to taste the famous Frascati wine! We will guide you through a tasting of three locally produced wines, including the famous white wine Frascati Superiore D.O.C.G. There will also be extra virgin olive oil, another pride of this land, which with its harmonious and fruity taste gives an extra touch to the gastronomic wonders of the area.

After a lunch will be served consisting of an appetizer and a first course of the Roman tradition.

GROTTAFERRATA AND SAN NILO ABBEY

In the afternoon, transfer to Grottaferrata, an elegant town in the Roman Castles and visit of the Greek Abbey of San Nilo. The Abbey was founded in 1004 and is currently the last of the Byzantine rite monasteries present in Italy. Built on the foundations of an important Roman villa, it incorporates the so-called Grotta Ferrata (cryptaferrata): a sepulchral cell presumed to be the tomb of Tulliola, daughter of Cicero. Along the way you can admire the Farnese Chapel with frescoes by Domenichino and the icon of Mary with the Child by Gian Lorenzo Bernini.

End of the tour and return to Rome individually.



COOKING CLASS, LET'S LEARN HOW TO MAKE PASTA!

During the visit to the winery it is possible to organize a cooking course held by a professional chef. Participants are divided into work stations with everything you need. The chef will give a lesson on how to prepare fresh pasta, typical of traditional Italian cuisine. We will learn how to prepare exquisite ravioli or fettuccine (or pizza on request) which will then be cooked and tasted together with excellent local wine.

| Code /Number of pers. | PRICE PER PERSON | | | |
|-----------------------|--|-----------|-----------|------------|
| | Scheduled dates every week and additional dates on request | | | |
| | 2/3 pers.* | 4/5 Pers. | 6/7 Pers. | 8/10 Pers. |
| Tour only (FRA1) | 55€ | 55€ | 55€ | 55€ |
| Tour only (FRA2) | - | 98€ | 98€ | 98€ |
| Tour only (FRA3) | - | 70€ | 70€ | 70€ |
| Cooking class PAST | - | +40€ | +40€ | +40€ |

*The price 2 - 3 pers./4-5 pers. refers to the shared tour according to the schedule available on www.felix.tours. The price from 6 pax refers to the private tour organized on request. Price per person, includes guide, visit to the cellar, tasting of 3 wines and lunch, entrance to the Abbey of San Nilo. FRA1 tour only, travel by own car. FRA2 includes transfer from Rome and during the tour. FRA3 includes transfer from Frascati Station.

